

**DOWN ASSOCIATION
ORADEA**

**„Iedera” Day Center FOR
THE YOUNG AND ADULTS**

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“I want to show that we are those who must learn to live beside him (Down Syndrome child), to accept him like he is, different but essential, profound and extremely human, to accept him as a brother.

If they are accepted and considered, if they are seen as they really are, they will grow, will become responsible and trustworthy, best friends of those in the community they live in .”

**“To help them through love”
THOMAS J. WEISS**

ADOR

**DOWN ASSOCIATION
ORADEA – ROMANIA**



**“IEDERA” Day Center FOR
THE YOUNG AND ADULTS**



*“Blessed is the one,
Who loves and respects me,
As I am.”*

Who are we?

We are a parental organisation of Down Syndrome children , supported by doctors, geneticians, psychologists, teachers.

We all work as volunteers.

What is Down Syndrome?

Named after John Langdon Down, the first physician to identify it, Down syndrome is a chromosomal disorder caused by an error in cell division that results in the presence of an additional third chromosome 21 or "trisomy 21."

It is uncurreble, the only medicine is the permanent care, education, love and consideration from early ages.

What is our goal?

- *A better life for the children and for the family*
- *A succesful integration of the children in the family, school, society.*
- *Improving living conditions of those with Down Syndrome and their families*

ADOR's Programe

People with DOWN Syndrome are assisted according to age categories:

- *children (preschool and school)*
- *youth and adults*
- *parents*

What do we offer?

It is a project of ADOR for the youth and adults with Down Syndrome.

In a safe enviornment they gain a certain autonomy and become more independent.

Daily schedule: 6 hours.

We seek rehabillitation throughout non-medical therapy.

Our activities are:

Ergotherapy:



- *cooking*
- *workshops(candles,notebooks, boxes, cards,si, beads)*
- *manual expresion*

Expesive therapy:

- *arttherapy*
- *gimnastics*
- *music therapy*
- *relaxation*
- *artistic programms*

Sports:

- *table tennis*
- *bocce*
- *baschetball*



We have 20 beneficiaries in this program, with the age over 15, which aren't part of any learning institution. Their rehabilitation is assisted by specialists: an ergotherapeut and a psychologist. During hollydays they take part in camps, go on trips, hiking, swimming, dancing.

The financial support of our day center Iedera is totally nonguvernamental.

